

## NURSING ASSISTANT TASKS Listing

| Skill/Task - 130 hour curriculum |  |           |  |
|----------------------------------|--|-----------|--|
| <b>1</b>                         | <b>Infection Control</b>                             | <b>5</b>  | <b>Care of Patient's Gastrointestinal System</b>                   |
|                                  | a. handwashing                                       |           | a. provide care colo/ileostomy care (well established)             |
|                                  | b. gowning   |           | i. change appliance (well established ostomy)                      |
|                                  | c. gloving   |           | ii. collect stool speciman   |
|                                  | d. mask technique                                    |           | iii. apply to hemocult card  |
| <b>2</b>                         | <b>Patient Care and Comfort</b>                      | <b>6</b>  | <b>Nutritional and Fluid Balance Needs of Patients</b>             |
|                                  | a. bedmaking (closed)                                |           | a. patient feeding   |
|                                  | b. bedmaking (occupied)                              |           | i. serve and set up tray   |
|                                  | c. post mortem care                                  |           | ii. prepare patient for meals                                      |
|                                  | d. complete bed bath                                 |           | iii. feed patient with dysphagia                                   |
|                                  | e. partial bed bath                                  |           | iiii. dependent feed   |
|                                  | f. Shower  |           | iiiii. use of thickeners   |
|                                  | g. tub bath  |           | iiiii. pass nourishments   |
|                                  | h. shaving/electic/safty razor                       | <b>7</b>  | <b>Care of the Patient's Respiratory System</b>                    |
|                                  | i. hair care   |           | a. pulse oximeter  |
|                                  | j. mouth care  |           | b. oxygen (convert between the following established plan of care) |
|                                  | i. natural teeth                                     |           | i. wall  |
|                                  | ii. dentures   |           | ii. tank   |
|                                  | k. provide ADL's for patient with IV                 |           | iii. concentrator  |
| <b>3</b>                         | <b>Care of the Patients Skin</b>                     |           | c. adjust O2 flow for activity (based on established care plan)    |
|                                  | a. apply topical creams, lotions, ointments          |           | d. assist patient with exercise breathing devices                  |
|                                  | b. apply band aid/4x4 gauze                          |           | e. assist patient to turn, deep breathe, cough                     |
|                                  | c. skin protectors                                   | <b>8</b>  | <b>Care of the Patient's Cardiovascular System - Vital Signs</b>   |
| <b>4</b>                         | <b>Care of the Patients Muscular Skeletal System</b> | <b>8A</b> | <b>Patient Temperature</b>   |
|                                  | a. moving patient in bed                             |           | a. oral  |
|                                  | b. turning dependant patient                         |           | b. tympanis  |
|                                  | i. supine  |           | c. axillar   |
|                                  | ii. sims   |           | d. temporal  |
|                                  | iii. lateral   |           | e. document  |
|                                  | iiii. fowlers  |           | f. report  |

|           |  |           |                                     |
|-----------|--|-----------|-------------------------------------|
|           | c. range of motion (passive)                           | <b>8B</b> | Pulse                               |
|           | d. stand, pivot, transfer                              |           | a. radial                           |
|           | i. one person  |           | b. brachial                         |
|           | ii. two person   |           | c. apical                           |
|           | iii. gait belt   |           | d. document/record # beats          |
|           | e. use of slide board (stretcher)                      |           | e. report rate rhythm and quality   |
|           | f. assist with transfer board to wheelchair            | <b>8C</b> | Respirations                        |
|           | g. ambulate with cane                                  |           | a. provide relief obstructed airway |
|           | h. ambulate with walker                                |           | b. document/record #                |
|           | i. apply splint  |           |                                     |
|           | j. bed cradle  |           |                                     |
|           | k. apply prosthesis/braces                             |           |                                     |
|           |  |           |                                     |
|           |  |           |                                     |
| <b>8D</b> | Blood Pressure   |           |                                     |
|           | a. select correct cuff size                            |           |                                     |
|           | b. obtain manually                                     |           |                                     |
|           | c. obtain electronically                               |           |                                     |
|           | d. obtain orthostatic blood pressure                   |           |                                     |
|           | e. document/report abnormalities                       |           |                                     |
|           | f. obtain height and weight                            |           |                                     |
|           | g. assist patient with anti-embolism stockings/devices |           |                                     |
| <b>9</b>  | Care of the Patient's Endocrine System                 |           |                                     |
|           | a. perform finger stick/blood sampling                 |           |                                     |
|           | b. report and document                                 |           |                                     |
| <b>10</b> | Care of the patient's Urinary System                   |           |                                     |
|           | a. measure output                                      |           |                                     |
|           | b. offer and remove bedpan/urinal                      |           |                                     |
|           | c. provide catheter care                               |           |                                     |
|           | d. collect urine specimens                             |           |                                     |
|           | e. provide incontinent care                            |           |                                     |
|           | f. apply appropriate size adult brief                  |           |                                     |
| <b>11</b> | Care of the Patient's Nervous and Sensory System       |           |                                     |
|           | a. provide care for eyeglasses/contacts                |           |                                     |